This report summarises the activities of the Commission since ANOC’s last General Assembly in Doha, Qatar in 2016.

As the majority of our members are Chairmen of their respective Continental Medical Commissions, the main focus of their activities is on supporting the regional and continental Games through sports medicine education programmes and sharing their experiences with the various Organising Committees on providing medical and doping control services for major events. In addition, two of our members represent ANOC on the WADA Foundation Board (Andrey Kryukov & Prof Pigozzi).

The Commission had two meetings in 2017 – the first at the time of the IOC Conference on the prevention of Sports Injuries in Monaco and the second meeting on the 1st November.

A CONTINENTAL ACTIVITIES

ANOCA
1 Participation in the French Games in Abidjan in July, as a member of the medical commission, in charge of TUE.
2 Participation in the elective general assembly of ANOCA in May in Djibouti. General Palenfo Lassana was re-elected,
3 Participation to the Think Tank forum on anti doping in Africa, held in Seychelles, 28-31 August 2017 (CF report).
4 COURSES - Two countries (The Gambia, Guinée Bissau) would like to organise sports medicine courses, but didn’t achieve the procedure, may be in 2018?
5 Individual. Last week I have been made a full member of the Medical commission of African Confederation of football. I was instructor during many years, but not member of the directory.

OCA
The Olympic Council of Asia has an extensive Medical and Doping programme a consequence of the many Games hosted by the continent over the quadrennium. An edited summary of the activities is included for the information of the NOCs.
1. INTRODUCTION

2. OCA MEDICAL COMMITTEE & ANTI-DOPING COMMISSION

**Medical Committee**
Chairman: Dr. M Jegathesan, Manikavasagam (Malaysia)

**Members:**
- Dr. Varin Tansuphasiri (Thailand)
- Dr. Mohammad H. Razi (Iran)
- Dr. Alongkone Phengsavanh (Laos)
- Dr. Takao Akama (Japan)
- Dr. Sultan Yarub Al Busaidi (Oman)
- Dr. Minhao Xie (China)
- Dr. Mohammad Saleh Al-Konbaz (Saudi Arabia)
- Dr. Chang, Huan-Cheng (Chinese Taipei)
- Dr. JIN, Young Soo (South Korea)
- Dr. Bilyalova, Galiya (Kazakhstan)
- Dr. Singh, Gagan Deep (India)

**Anti-Doping Commission:**
Chairman: Dr. M Jegathesan

**Members:**
- Ms. Yuan Hong (China)
- Ms. Iris Tan Guak Wah (Malaysia)
- Dr. Makoto Ueki (Japan)
- Dr. Abdulwahab Al Musleh (Qatar)
- Dr. Abdula, Venera (Kazakhstan)
- Dr. Kamal Al Hadidi (Jordan)
- Ms. Noordeen, Aminath Umana Ali (Maldives)
- Ms. Nadia Al Shamali (Kuwait)

**Doping Control Department at OCA Headquarters**
Ms. Nadia Al Shamali – Manager
Juliet Quisiquisi – Staff

3. SUPERVISION OF MEDICAL SERVICES & ANTI-DOPING PROGRAMMES DURING THE GAMES

The Doping Control Program was operational from 23 September to 2 October. The doping control workforce for the Asian Beach Games totaled 72, consisting of 30 locally trained volunteers, 5 international DCOs and 7 DCOS from KADA, JADA and Thailand.
Pre-Competition Test Program: There were thirtyone (31) pre-competition tests that have been done during the Games from 23 September - 02 October 2016. There were 49 samples collected for a targeted sport Including in competition testing.

Athletes Whereabouts Information:
In the pre-competition tests, the information of athletes’ whereabouts was from the list supplied by Logistic sub-committee and also from OCA. However, due to some changes from the organizing committee, some athletes were also found to be in different hotels to the ones provided by the above sub-committee.

Transport and Analysis of the Samples Collected:
All the samples were transported by VADA staffs. All samples except GHRF were analyzed at National Doping Control Laboratory, Mahidol University, Bangkok. GHRF samples were analyzed at India Laboratory.

PASO
The Chairman prepared a Draft Anti Doping Rules applicable to the 2019 Beach Games which was based on the PASO Anti Doping Rules. The document was reviewed by Michael Chambers of the ANOC Legal Commission and is now back with the ANOC MC for final review before being presented to the ANOC office.

EOC programme of activities
Feb 11 – 28  2017 Winter EYOG, Erzurum, TUR
May 18      WADA Foundation Board meeting
Jul 28 – 29  2017 Summer EYOG, Gyor HUN
Oct 19 – 20  Medical & Antidoping Commission, Vienna, AUT
Nov 16      WADA Foundation Board meeting
Nov 16-18   FIMS 10th European Congress, Cascais, POR
Nov 24 – 25 EOC General Assembly, Zagreb

2018
SEP 12 – 15 35th FIMS World Congress of Sports Medicine, Rio de Janeiro

2019
European Games, Minsk, BELARUS

ONOC
The inaugural meeting of the ONOC Medical Commission for the Olympiad 2017-2020 was held at the Tanoa International Hotel, Nadi, Fiji on July 7th 2017.

We considered the ONOC Strategic Plan for the current Olympiad and commented on achievement of goals for the previous Olympiad. In particular, there was comment on the support of the medical team of Games Organising Committees as well as National Sports Organisations to ensure that quality medical services were provided for athletes and their support personnel. With that in mind, a resolution was passed recommending that when sports managers are appointed to a touring team, that the medical needs of the athletes are considered and recruitment of appropriately trained personnel takes place at that time.
There was also discussion regarding a community level sports medicine course to be staged in Oceania in collaboration with World Rugby and the Oceania Sports Education Programme. Cathy Wong is liaising with the appropriate people with regard to this initiative.

**Courses**
No courses have been held in 2017. There are plans to hold a sports medicine course in Yap, Federated States of Micronesia in 2018. The aim of this course would be to upskill local personnel in preparation for the Micronesian Games, which are due to be held in Yap in July 2018.

**Games Preparation**
The Pacific Mini Games are due to be held in Vanuatu in December 2017. Dr Luis Cruz and a senior Fijian Physiotherapist are available to provide some medical support to the local organising committee and arrangements are currently underway to facilitate their involvement.

**Cardiac Screening Initiative**
As reported at last year’s meeting, we are aware of the paucity of data regarding potentially lethal cardiac conditions in people of Pacific Island ancestry. We were planning to have a flying squad of experts available to screen athletes at the Pacific Mini Games in Vanuatu in December 2017. However, the logistics have proven too difficult to provide this screening at that Event. We are looking at alternatives including possibly the next Pacific Games in Samoa in 2019.

### B OLMPIC SOLIDARITY

**2017-2020 Sports Medicine and Protection of Clean Athletes Programme**

In 2015-2016, Olympic Solidarity undertook an extensive review of its programme offer in close collaboration with NOCs and other stakeholders. The main purpose was to ensure that the programmes are in line with the Olympic Solidarity mission as specified in the Olympic Charter (to support the NOCs with the greatest needs), fully meet NOC needs and expectations, and respond to the recommendations in the IOC’s Agenda 2020.

As a result of this review, the Sports Medicine programme changed name in 2017-2020 to Sports Medicine and Protection of Clean Athletes, widening the scope to cover awareness-raising aimed at protecting clean athletes (including topics such as doping, sexual harassment and abuse, bullying and betting) and putting greater emphasis on capacity-building in developing NOCs through training opportunities.

To simplify the terminology in all Olympic Values programmes, the concept of initiatives and courses was changed to projects and seminars. By maintaining the option for NOCs to organise medical courses with specific requirements, with this solution we also responded to a growing demand from NOCs to enhance the flexibility of the programme. Therefore, the programme has been structured slightly differently to meet NOC needs.

The programme is available to all NOCs and assistance is offered in three main categories:
- Host a seminar, providing specialists such as sports physicians, physiotherapists, nutritionists or psychologists with up-to-date insights into their areas of expertise; or raise awareness in the national sporting community on e.g. injury/illness prevention, doping issues, betting and sexual harassment and abuse in sport.

- Run projects in the field of sports medicine, if possible through partnerships enabling NOCs to take advantage of the expertise and reach of other organisations. NOCs may design their own projects from scratch, work with civil society or seek inspiration from other NOCs, in which case Olympic Solidarity can help facilitate.

- Take advantage of training opportunities offered by the IOC via third parties in the field of sports medicine to strengthen the competence of the NOCs’ medical communities. For projects and seminars, NOCs are requested to establish measurable goals, key performance indicators and monitor the impact/evolution. NOCs are furthermore encouraged to take advantage of the sports medicine material developed by the IOC, such as the IOC Manual of Sports Injuries, the IOC Manual of Emergency Sports Medicine, the IOC Toolkit on Sexual Harassment and Abuse, and various IOC consensus statements, providing direction and knowledge in a wide array of sports medicine areas. As part of the launch of the 2017-2020 programme, Olympic Solidarity introduced new application and report forms that enable greater data collection on the various activities covered through the programme. We expect to be able to extract this data once the programme has been integrated on the Olympic Solidarity online platform for NOCs in 2018. This will enable detailed analysis on the number of participants, the share of women, the nature of the projects, etc. globally and by continent.

2017 Preliminary Results

Many NOCs put projects on hold the year after an Olympic Summer Games due to elections being held. Thus, demand for Olympic Solidarity’s programmes tends be lower than in other years. The NOCs have nevertheless shown strong interest in the Sports Medicine and Protection of Clean Athletes programme. Compared to 2013, the first year of the last Olympic Solidarity plan, around 40% more activities have been approved.

The projects vary in nature, from the development of a medical screening system to the launch of an athlete anti-doping campaign. Most seminars have a broad perspective with a wide range of medical topics on the agenda. Some are mixed with both medical staff and athletes/coaches, others are exclusively aimed at the medical community.

More than three times as many training scholarships were allocated in 2017 compared to 2013. The joint efforts with the IOC’s Medical and Scientific Department and the chairs of the Continental Medical Commissions have been successful in ensuring greater participation of candidates from developing NOCs.
PRELIMINARY RESULTS TO DATE

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Total 8 13 68

C  SUPPORT FOR 2019 ANOC BEACH GAMES, SAN DIEGO

The ANOC MC Commission has been requested to begin planning for the Medical and Antidoping programme for the 2019 ANOC Beach Games.

A working group consisting of Prof Jegathesan (OCA) Prof Eduardo de Rose (PASO) and Dr Chris Milne (NZL) have been tasked to begin preparations for the ANOC Beach Games.

Both OCA and PASO have extensive experience in hosting Beach Games and the day after the meeting, we received OCA templates for hosting events.

D  MEDICAL COMMISSION DATABASE

The ANOC MC is still trying to compile a database of NOC Medical Commission contact person or in the absence of a Medical Commission, the name of a contact within the NOC that we can forward information useful for the health and care of athletes. The ANOC office will be circulating a document requesting this information and we look forward to finally collating these important contacts from all NOCs.

Dr Robin Mitchell

CHAIRMAN